

Memorandum of Understanding (MoU)

Between

Ministry of Youth and Sports (MoYS)

and

National Academy of Sports Medicine (NASM)

We declare our mutual agreement to work in partnership for a period of five years from the date of signing, with the provisions of further extension (s) and amendment (s) as provisioned in this Memorandum of Understanding (MoU). This MoU provides a clear framework of partnership between Ministry of Youth and Sports (hereafter MoYS) and National Academy of Sports Medicine NASM for collaborating in implementing for research and development (R&D) of sports medicine with focus on the development of High Altitude Training Centers (HATCs) and High Altitude Sports Activities that is envisioned in Sports Policy of the government of Nepal. A joint annual action plan and required strategies will be developed with clear objectives, targets, interventional approaches, outputs and progress based on the National Sports Master Plan. Mutual cooperation and co-working culture will be developed in promoting high altitude sports and sports medicines in Nepal.

ARTICLE 1: PURPOSE OF THE MoU

This MoU aims to define areas of cooperation of the above mentioned parties and the modalities for the achievement of common objective.

ARTICLE 2: OBJECTIVES OF THE MoU

Objective 1:

Formulate plans and policies for establishing High Altitude Training Centers and promoting sports medicines in Nepal.



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Objective 2:

Joint programme development, fund raising and programme implementation in alignment with the vision of MoYS as envisioned in Sports Policy and provisioned in Sports Master Plan for the development of high altitude sports and sports tourism in the country.

Objective 3:

Jointly work to internalize global sports initiatives, high altitude sports and best practices of high altitude sports in the country.

Objective 4:

Jointly promote Sports Tourism through high altitude sporting activities in Nepal.

Objective 5:

Jointly develop capacity of MoYs and National Sports Council in formulating policies and plans on High Altitude Sports and Sports Medicines.

Objective 6:

Jointly conduct Research and Development activities on High Altitude Sports in the country.

Objective 7:

Jointly develop stepwise training programs of different altitudes for acclimatization and prevent altitude sickness.

Objective 8:

Support in updating sports plans and policies in line with the concept of High Altitude Training Centers and Sport Medicines.

Objective 9:

Jointly develop immediate, medium term and long-term plans for High Altitude Sports and Sport Medicines development in Nepal.

ARTICLE 3: PARTNERSHIP PRINCIPLES

Both the parties of this MoU agree the principles of partnership as described below, and will establish the relationship with each other adhering to these principles:

- Both the parties to perform in the spirit of partnership approach to promote collaborative decision-making within the framework of this MoU. Both the parties will also promote the principles of sports science with especial focus on High Altitude Training and encourage each other to provide and receive feedbacks.
- Both parties adhering to honesty, transparency and accountability in information sharing and applying code of conduct.



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- Work with MoYS and National Sports Council to conduct research, trainings and seminars on sports medicine and High Altitude Training in the country.
- Work with MoYs to conduct feasibility study, detailed project report (DPR), Post Project Review (PPR) and develop plan on High Altitude Training Centers and High Altitude Sports Activities in Nepal.
- Work with MoYs to develop PPE and PHC (Pre-Participation Examination and Periodic Health Checkup) working format, database and its regulatory process.
- Work with MoYs to jointly develop a capacity building of players and coaches and other stakeholders through Injury Prevention Programs (IIPs), awareness about drugs and doping, high altitude and body physiology, scientific sports training, First aid and CPR training, Diet and Nutrition training, Psychological counseling and motivations for the best athletes.
- Work in close collaborations of MoYs and National Sports Council by aligning prioritized activities as per the joint annual action plans to meet the objectives of this MoU.

ARTICLE 5: COORDINATION, REVIEW, IMPLEMENTATION, MONITORING AND EVALUATION

Regular communication and interaction between MoYs and NASM and their other relevant departments and sections are crucial for a successful partnership and therefore formal and informal exchanges of ideas and information are encouraged. Similarly, a Focal Point will be assigned by both the parties to strengthen the process of facilitation, communication, linkages and coordination in achieving the objectives of MoU.

5.1 Partnership Review

Program review will take place annually and covers:

- Review and assessment of the implementation of joint action plan for developing HATC and sports medicines.
- Review and assessment of Annual Progress Report.
- Capturing the lessons learned by both parties during the implementation of plans and policies and feedback on other relevant issues.
- Reviewing and agreeing on any changes required on the long-term objectives of this MoU.
- Agreeing on next joint Annual Action Plan and its objectives, outputs and activities as well as mutual contributions for its implementation.

The processes, deliberations and decisions of the Annual Partnership Review will be documented as the Annual Review Report.



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- Both parties resolving problems/disputes ethically through sharing and consultations.
- Both parties will exhibit their dedication and readiness for the amendment, adapt and make improvements based on lesson learnt within the previews of this MoU.

ARTICLE:

OBLIGATIONS AND RESPONSIBILITIES OF EACH PARTY

4.1 General Obligations Shared by Both Parties

- Working together in accordance with the Partnership Principles as stated in Article 3.
- Supporting each other in decision making within the scope of this partnership by providing relevant information.
- Working in conformity with the prevailing laws of Nepal towards achieving the objectives of the MoU.
- Engaging the provincial and local government in sports and related activities based on the federal governance system.

4.2 Specific Obligations of Each Party

4.2.1 MoYs

- Appraise NASM's contribution and MoYs's sports policies, plans and programmes.
- MoYs recognizes NASM and/or its team members as expert for research and development of High Altitude Training Centers and Sports Medicine Training Activities.
- Conduct in the development of relevant projects on High Altitude Training Center (HATC) and Sports Medicine.
- Alignment of NASM with the National Sports Council and Nepal Olympic Committee for implementing sports policy plans, programs and Sports Master Plan with especial focus to High Altitude Training activities.
- Allocate budget for developing HATCs and High Altitude Training activities as per specified programme.
- Facilitates the process of abroad visas to assigned NASM members for development of High Altitude Training center in Nepal.

4.2.2 NASM

- Work with MoYs and National Sports Council to facilitate in the development of High Altitude Sports plans, policies and programs.



MoYs

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6.3. Termination of the MoU

- In case of the agreement of both the parties that a common ground for collaboration does not exist anymore, the MoU can be terminated by the both parties. Naturally, the Annual Partnership Review Meeting will be the appropriate time to deliberate on the reasons for and possibility of termination of the collaboration.
- In case of the mutual decision of termination of the MoU, it is in the benefit of both the parties that the partnership will be ended on good terms and both the parties agree to work towards this end.
- Final termination of the MoU should be communicated in official writing signed by both the parties.
- In case of termination, both the parties should fulfill their respective commitments until the date of termination inclusive of up to 3 months after the first notice.

SIGNATURES



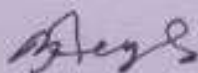
Mr. Laxmi Prasad Bhattarai
(Under Secretary)
Ministry of Youth and Sports
Government of Nepal



Dr. Padam Bahadur Khadka
(Chairman)
National Academy of Sports Medicine
Kaski, Nepal



In witness of:



Mr. Basudev Acharya
Administrative Chief
National Sports Council, Nepal



This MoU is signed in two original copies on the 25th day of the month of February of the year 2018.

